

WBC Water Event Safety Plan

Name of event: Worthing Rowing Regatta 2025

Date of event: 12/07/2025

Time of event: 09:00-18:00 (dependent on tides)

Location of event: Worthing Regatta is held at Splash Point in Worthing, directly across from the rowing club by the beach.

Expected number of attendees: 150-200 participants, plus spectators.

Event organiser contactable on day of event:

*Adam Tester – Regatta Secretary*

*07742 438442*

*regattasec.worthingrc@gmail.com*

*James Burrows – Director of Rowing*

*07528 700037*

**Names of First Aiders:**

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| Anna Fraser | Resuscitation - Adult & Paediatric Basic Life Support |
| James Burrows | Emergency First Aid at Work |
| Amelia MacLeod | Basic Life Support |
| John Begley | Emergency First Aid at Work |
| Adam Tester | Emergency First Aid at Work |

Beach-side safety:

**ALL CLUBS AND CAPTAINS, SKIPPERS AND MARSHALLS TO BE BRIEFED WITH THE SAFETY PLAN.**

**CARA Race Umpires on Land.**

**Race organisers.**

**Worthing Rowing Club first aiders.**

**Visiting club captains and visiting club first aiders.**

**Experienced crews.**

**Signage placed occasionally along the beach up until the point of the race turns.**

**The first aid point is located inside the clubhouse.**

**Signs will be up regarding our Regatta Safety Plan, and to inform swimmers within the swim zone about the course.**

**A defibrillator is located inside rowing club.**

The Promenade - There is a cycle lane along Worthing Seafront, and boats will be moved during the time of Park Run. Park Run marshals to stand at the position where boats will be carried across to ensure safety of visiting crews and runners.

**All Visiting club captains are to ensure that all rowers are briefed on this event's risk assessment & safety plan prior to the regatta starting. The water safety officer, James Burrows, will be on duty throughout the day. Information provided to all crews prior to racing that:**

**✔ Ensure no inexperienced crews or scullers go afloat who are not able to complete the course safely.**

**✔ Ensure no crews, especially novice crews, go afloat with inexperienced coxswains.**

**✔ Take care when launching boats and coming ashore, with bows always into the waves and lots of help in rough conditions.**

**✔ Exercise caution at the turns when approaching the turns and watching out for crews coming in if you are exiting the turns.**

**✔ Club captains to ensure the welfare of their junior members during the whole event and ensure they are adequately looked after.**

**✔ Ensure rowers have plenty of fluids and protection from the sun to avoid sunburn or heat stroke.**

Water safety:

As above, but also:

Safety boat 1 Roughly (6m Rib) - Provided and manned by experienced members of Worthing Diving Club.

Roger Clarke

07931908626

Safety boat 2 (4.2m rib) – Provided for by:

Tim Eady

07880734007

All visiting clubs and captains are briefed on this year’s water hazards:

* The Pier – Clubs to be made aware that rowing through the pier is not allowed. There will be anglers on the pier whose lines present a danger, so they are advised to leave a 30m gap from the pier. Rowers advised that rowing too close to the pier will mean they cannot hear the instructions given over the PA.
* Other Water Users - Noted that there may be swimmers in the water on or near the course and small pleasure craft and fishing boats may cross or be on the course. There may also be paddle boarders heading out from the shore just east of the start line. The yellow buoys on the far side of the course indicate that motorised boats and jet-skis are allowed beyond this point. Signage along the beach to inform swimmers where the safe swimming zone ends, and where it crosses into WRC course.
* Boating from the Beach - Some clubs will be boating from the beach adjacent to the course. Advised to do so in a thoughtful fashion. Avoiding boating when a race is in progress adjacent. Clubs to boat when racing boats are at or near the turns, minimizing risk of collisions, clearing the course as quickly as possible.

VHF radios to be used? YES

If Dgs, VHF radio channel to be used on the day:

Y, Rib to Rib only (72 or 77).

Communication is usually managed principally with Walkie-Talkies provided by CARA and Worthing BID.

Temporary markers to be used? YES Marker location(s)?

Big yellow marker buoys to be used as 5m Markers to materialise the Start/Finish area.

10 to 12 "flag buoys" to be installed at the mid-point/turn of the race, off Ham Road (labelled ‘turns’)

A line of "course marker boys", provided by WRC, positioned 60m off the end of the groynes, to define a safe bathing area.

Rowing beach-side of these buoys will result in warning and disqualification.

Safety boats to be authorised within that zone in case of emergency only.

Chart or Map outlining course:

***The course is straight and runs from the start / finish line opposite Splash Point (where Worthing Rowing Club is located) east for approximately 800m to the turns. The turns consist of anchored buoys with a large red flag on a 1.5m long pole. There are 10 turns. Marshalling of boats before individual races is carried out between the start / finish line and the pier.***

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